

Mayfield Figure Skating Club



Sanctioned by



2008 Spring School April 7 – May 31

Welcome to our club! We are dedicated to excellence in:

STARSkate

Learn-to-Skate

Competitive Skate

Learn-to-PowerSkate

AdultSkate

Learn-to-FigureSkate

Our skaters range from preschoolers to adults, beginner to senior. Managed under a professional framework by a staff of coaches and a large group of volunteers, our programs are 100% committed to helping our athletes reach above and beyond their potential.

COME JOIN US!

Website: www.mayfieldskatingclub.com

Email: mayfieldfsc@gmail.com

Tel: (780) 446-2100

Mailing Address:

Callingwood RPO, PO Box 78038
Edmonton, AB
T5T 6A1

MAYFIELD COACHING TEAM

Georgina Ball **Tel:** (780) 233-7456 **Email:** scalesg@hotmail.com
NCCP II Certified, CanPowerSkate certified, 2006 National Silver Medalist in Synchronized Skating,
12 years coaching experience.

Carey Burch **Tel:** (780) 758-4451 **Email:** cceebburch@hotmail.com
NCCP II partial, 9 years coaching experience

Jessica Burgess **Tel:** (780) 989-2859 **Email:** jeirwin@telus.net
NCCP I certified, CanPowerskate certified, 6 years coaching experience

Lisa Kobe **Tel:** (780) 484-8602 **Email:** lisakinni@hotmail.com
NCCP II certified, 12 years coaching experience

Margaret Nycholat **Tel:** (780) 452-6727 **Email:** margvasey@hotmail.com
NCCP Level IV partial, 31 years coaching experience

SPRING SCHOOL RULES

Registrations: Registrations are on a first-come-first-serve basis. Payment of all fees must be received prior to registration processing.

Schedule/Location Changes: Changes will be posted at the rink(s) and on the website.

Make-up Ice: Skaters may make up for missed sessions only on sessions not yet full. Check with the Club Facilitator for make-up ice. Missed sessions are not refunded.

Test Days: Some sessions of Spring School may be used for testing purposes. These ice times are not refunded.

Refunds: No refunds are issued after April 7, 2008 except at the discretion of the Club. A \$25 administration fee is deducted off any refunds.

Guest Coaches: Guest coaches are welcome – please email us for approval PRIOR TO attending our ice.

SKATING PACKAGES

Junior Packages:

<u>Junior Package A:</u>	Two (2) days per week = \$360
<u>Junior Package B:</u>	Three (3) days per week = \$450
<u>Junior Package C:</u>	Four (4) days per week = \$525

Int/Senior Packages:

<u>Int/Senior Package D:</u>	Four (4) days per week = \$550
<u>Int/Senior Package E:</u>	Five (5) days per week = \$620
<u>Int/Senior Package F:</u>	Six (6) days per week = \$690

AdultSkate Package:

<u>Adult Package G:</u>	One (1) day per week = \$95
<u>Adult Package H:</u>	Two (2) days per week = \$175

Non-package Skaters: HOURLY RATE \$14/hour

JUNIOR SKATERS: Learn-to-FigureSkate or have NOT passed a complete Preliminary FreeSkate test.

INTERMEDIATE/SENIOR SKATERS: Passed the complete Preliminary FreeSkate test or higher.

A skater may be moved up to a higher session at the discretion of **both** the **Program Facilitator** and his/her **coach**.

**2008 SPRING SCHOOL
Callingwood Arena**

**SKATE-INTO-SPRING CAMP
Week 1 (April 7 to 9)**

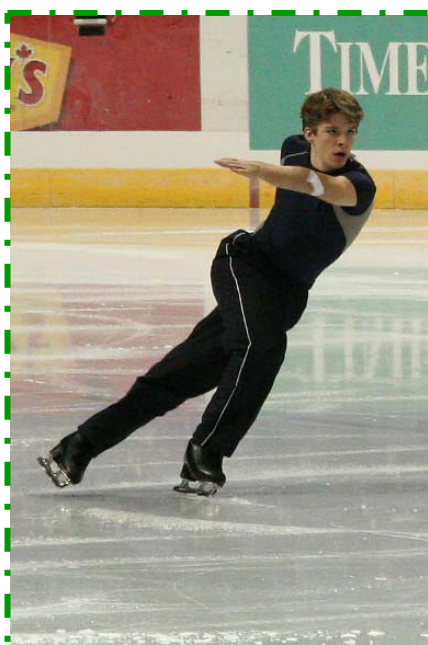
*** *Skate-into-Spring* offers sessions instructed by our club coaches and special guest instructor **VAUGHN CHIPEUR** (Tuesday).
Vaughn is a Skate Canada National Team member and International competitor.
He is currently the 4th ranked Senior Man in Canada.
We are very excited to have him work with our skaters! ***

1. This three-day camp is mandatory for Spring School MFSC HOME SKATERS.
2. MFSC home skaters' camp costs are covered by the club.
3. Non-MFSC skaters and non-MFSC adult skaters are strongly encouraged to attend.

4. Non-MFSC skaters and non-MFSC adult skaters' camp costs:

\$15/day or \$45/all three days, if a package skater.
\$30/day or \$75/all three days, if a non-package skater.

<u>Monday, April 7</u>	<u>Tuesday, April 8</u>	<u>Wednesday, April 9</u>
4:30 – 4:45pm Stroking	5:00 – 5:15pm Stroking	5:45 – 6:00pm Stroking
4:45 – 5:45pm Theater	5:15 – 6:00pm Annie's Edges	6:00 – 7:00pm Theater
5:45 – 6:45pm Figure/Edges/Turns	6:00 – 6:45pm Jumps	7:00 – 7:45pm Field Moves
6:45 – 7:00pm FLOOD	6:45 – 7:00pm FLOOD	7:45 – 8:45pm Open Session
7:00 – 8:15pm Open Session	7:00 – 7:30pm Spins	
	7:30 – 8:30pm Open Session	



Vaughn Chipeur

2008 SPRING SCHOOL Callingwood Arena

Ice Schedule Weeks 1 – 8 (April 10 to May 31)

Off-Ice Classes for CALLINGWOOD

1. Off-ice classes are mandatory for ALL JUNIOR and INT/SENIOR SKATERS and included in packages.
2. Please wear runners and proper exercise attire, and bring a skipping rope to class. Mats will be provided if needed.
3. Off-Ice schedule is subject to change – any changes will be posted on the website.
5. **JUNIOR OFF-ICE = 4 classes/week INT/SENIOR OFF-ICE = 6 classes/week.**

DAY	TIME	SESSION
Monday	4:30 – 5:15pm 5:15 – 6:00pm 5:30 - 6:15pm 6:00 – 6:15pm 6:15 – 6:30pm 6:30 – 7:15pm 6:30 – 7:15pm 7:15 – 8:00pm 8:00 – 8:15pm	Int./Sr. Freeskate Int./Sr. Dance/Skills Jr OFF-ICE / LtFigureSkate OFF-ICE Int./Sr. Stroking FLOOD Jr. Dance/Skills / LtFigureSkate <i>Int./Sr. Fitness OFF-ICE</i> Jr. FreeSkate / LtFigureSkate Practice Ice Jr. Stroking
Tuesday	5:00 – 5:45pm 5:45 – 6:30pm 6:45 – 7:30pm 6:30 – 7:15pm 7:15 - 7:30pm 7:30 - 8:30pm	Int./Sr. Dance/Skills Int./Sr. FreeSkate Int./Sr. OFF-ICE LtoSkate / Adult LtoSkate / KidSkate FLOOD Adult Open
Wednesday	5:00 – 5:30pm 5:45 – 6:45pm 5:45 – 6:30pm 6:45 – 7:30pm 7:30 – 7:45pm 7:45 - 8:45pm	Jr. OFF-ICE Jr. FreeSkate Int./Sr. OFF-ICE Jr./Int./Sr. Dance/Skills Jr./Int./Sr. Stroking Int./Sr. FreeSkate
Thursday (EXCEPT April 17, see next page)	5:00 – 5:45pm 5:45 – 6:30pm 6:45 – 7:30pm 6:30 – 7:15pm	Jr./Int./Sr. FreeSkate Jr./Int./Sr. Dance/Skills Jr./Int./Sr. OFF-ICE LtoSkate / LtoPowerSkate/ KidSkate
Friday	5:15 – 6:00pm 6:15 – 7:15pm 7:15 – 8:00pm 8:00 – 8:15pm 8:15 – 9:15pm	Int./Sr. OFF-ICE Int./Sr. FreeSkate Int./Sr. Dance/Skills FLOOD Adult Open
Saturday	10:00 – 10:30am 10:30 – 11:15am 11:15 – 12:00pm 12:05 – 12:45pm 12:00 – 12:15pm 12:15 – 1:00pm 1:00 – 1:45pm 1:45 – 2:15pm 1:45 – 2:30pm 2:15 – 3:00pm	Int./Sr. Stroking Int./Sr. Dance/Skills Int./Sr. FreeSkate Jr./Int./Sr./LtoFS OFF-ICE FLOOD LtoSkate / Adult LtoSkate / KidSkate Jr. FreeSkate / LtFigureSkate Jr. Edges LtFigureSkate Practice Ice Jr. Dance/Skills

2008 SPRING SCHOOL
Callingwood Arena

Ice Schedule, cont'd
Weeks 1 – 8 (April 10 to May 31)

DAY	TIME	SESSION
Thursday April 17 ONLY	4:15 – 5:00pm 5:00 – 5:45pm 6:00 – 6:45pm 5:45 – 6:30pm	Jr/Int./Sr. FreeSkate Jr/Int./Sr. Dance/Skills Jr/Int./Sr. OFF-ICE LtoSkate / LtoPower / KidSkate

SPRING SCHOOL NOTES

- 1. Please be on time for ALL of your sessions.**
- 2. Adult Skaters** are welcome to register for Intermediate/Senior sessions and/or Adult Open sessions.
- 2007/2008 winter MFSC home skaters remain club members through August 31, 2008.
- MFSC home skaters pay \$10/test to Skate Canada; MFSC covers test fees over and above this amount.
- Non-MFSC skaters may test through MFSC but must pay full test fees.
- There are two stores in Edmonton that we recommend to purchase equipment from:
 - United Cycle (103 Street, 78 Avenue)
 - Professional Skate Service (91 Street, 51 Avenue)
- Have your skates sharpened only at United Cycle or Professional Skate (ProSkate).
- Take care of your equipment. Always wear your hard skate guards when walking to and from the ice. However, remove them when storing your skates – leaving them on will cause RUST which ruins your blades. **DO NOT store your skates in your bag** – take them out to dry.
- All skaters must wear proper skating attire** during their on ice and off ice programs. Baggy track suits, jeans, shorts, hooded jackets, sweatshirts and winter jackets are NOT allowed. **Girls** must wear a body suit/t-shirt and skating skirt, or a skating dress, and skating tights. Tight leggings maybe worn, however they must be tight fitting on the legs, hips, and still allow for movement. **Boys** must wear slim track pants and warm fleece or t-shirt. Dress in layers, turtlenecks and sweaters are more than warm enough for all levels of skaters. You will get cold only if you are standing around... **KEEP SKATING to keep warm.**
- Hair must be pinned back** from the face. **No dangly jewelry** are allowed
- NO JUNK FOOD.** All coaches will enforce this rule. Please pack healthy snacks to help the skaters understand what it means to be an athlete. Skaters may eat snacks during floods.
- Parents are welcome to watch all on-ice and off-ice sessions. However, please watch from the stands or the viewing area and NOT down at the boards. This causes fewer distractions and ensures more productive sessions for both the skaters and coaches.
- MFSC reserves the right to cancel or change portions of its programs and/or schedules where necessary.**



**Mayfield Figure Skating Club
2008 SPRING SCHOOL
April 7 – May 31, 2008**

Figure Skating Registration Form

Section A

Name _____ Age _____ Gender M / F

Birthdate _____ Parent/Guardian _____

Home Address _____ Postal Code _____

Home Phone _____ Work/Cell Phone _____

Email _____ AB Healthcare No. _____

Skate Canada No. _____ Medical Conditions _____

Emergency Contact/ Phone No. _____

Home Club _____ Coach _____

Indicate Your Highest Tests Passed

Freestyle: _____ Dance: _____ Skating Skills: _____

Section B

**STARSKATE / COMPETITIVE SKATE
Junior Skaters Only**

(Complete Sections A, B, F, and G of this form.)

Hourly junior skaters must email the club with their requests.

JUNIOR Package A (2 days/week) \$360				SUBTOTAL
<input type="checkbox"/> Monday	<input type="checkbox"/> Wednesday	<input type="checkbox"/> Thursday	<input type="checkbox"/> Saturday	\$
JUNIOR Package B (3 days/week) \$450				SUBTOTAL
<input type="checkbox"/> Monday	<input type="checkbox"/> Wednesday	<input type="checkbox"/> Thursday	<input type="checkbox"/> Saturday	\$
JUNIOR Package C (4 days/week) \$525				SUBTOTAL
<input type="checkbox"/> Monday	<input type="checkbox"/> Wednesday	<input type="checkbox"/> Thursday	<input type="checkbox"/> Saturday	\$



Section C

STARSKATE / COMPETITIVE SKATE
Intermediate / Senior Skaters Only

(Complete Sections A, C, F, and G of this form.)

Hourly intermediate/senior skaters must email the club with their requests.

INTERMEDIATE / SENIOR Package D (4 days/week) \$550						SUBTOTAL
<input type="checkbox"/> Monday	<input type="checkbox"/> Tuesday	<input type="checkbox"/> Wednesday	<input type="checkbox"/> Thursday	<input type="checkbox"/> Friday	<input type="checkbox"/> Saturday	\$
INTERMEDIATE / SENIOR Package E (5 days/week) \$620						SUBTOTAL
<input type="checkbox"/> Monday	<input type="checkbox"/> Tuesday	<input type="checkbox"/> Wednesday	<input type="checkbox"/> Thursday	<input type="checkbox"/> Friday	<input type="checkbox"/> Saturday	\$
INTERMEDIATE / SENIOR Package F (6 days/week) \$690						SUBTOTAL
<input type="checkbox"/> Monday	<input type="checkbox"/> Tuesday	<input type="checkbox"/> Wednesday	<input type="checkbox"/> Thursday	<input type="checkbox"/> Friday	<input type="checkbox"/> Saturday	\$

Section D

ADULTSKATE

(Complete Sections A, D, F, and G of this form.)

Hourly adult skaters must email the club with their requests.

ADULT Package G (1 day/week) \$95		SUBTOTAL
<input type="checkbox"/> Tuesday	<input type="checkbox"/> Friday	\$
ADULT Package H (2 days/week) \$175		SUBTOTAL
<input type="checkbox"/> Tuesday	<input type="checkbox"/> Friday	\$

Section E

SKATE-INTO-SPRING CAMP
Non-MFSC Skaters / Non-MFSC Adult Skaters Only

(Complete Sections A, E, F, and G of this form.)

PACKAGE SKATERS \$15/day or \$45/all three days			SUBTOTAL
<input type="checkbox"/> Monday April 7	<input type="checkbox"/> Tuesday April 8	<input type="checkbox"/> Wednesday April 9	\$
NON-PACKAGE SKATERS \$30/day or \$75/all three days			SUBTOTAL
<input type="checkbox"/> Monday April 7	<input type="checkbox"/> Tuesday April 8	<input type="checkbox"/> Wednesday April 9	\$



Section F

TOTAL FEES

MFSC home skater fee, \$60 : <i>(Pay once between Sept 2007 and Aug 2008)</i>	\$ _____
Package Subtotal :	\$ _____
Non-MFSC skaters, add \$50 :	\$ _____
Skate-into-Spring Camp Subtotal :	\$ _____
Skate Canada + Insurance Fee, \$30 : <i>(Pay once between Sept 2007 and Aug 2008)</i>	\$ _____
<hr/>	
TOTAL: \$	_____

Make cheques payable to
Mayfield Figure Skating Club

Mail cheque with this registration form to:
**Mayfield Figure Skating Club
Callingwood RPO, PO Box 78038
Edmonton, AB T5T 6A1**

Section G

RELEASE

In that the Mayfield Figure Skating Club may be skating on other ice surfaces during lesson times, we hereby agree to release the club from any claims arising due to personal or property injury, damage or loss, howsoever caused, or that may be suffered by any person on or using the facilities in which the club offers its skating programs. In addition, we give permission for photographs of our skater to be used for club marketing purposes.

I accept full financial responsibility for this application form. Further, I agree to abide by the Rule and Regulations of Skate Canada and Mayfield Figure Skating Club as set down by the Board of Directors. I agree that the Mayfield Figure Skating Club and/or their Directors and Coaches will not be held responsible for any accident or loss, however caused, and damages which may arise from such accident or loss.

**Parent
Signature:** _____

Date: _____

MFSC home skaters must register by
March 22, 2008
to guarantee their spots.